

Our Community Sponsors

Chelsea Senior Center, founded in 1979, welcomes **all** area residents ages 50 years and older. The community vision was to create a center that would support and enhance the lives of Chelsea area senior citizens and their families. Through the generous support of our community sponsors, we are able to continue this mission and provide vital referrals, services, and programs. Please help us recognize and thank our 2011 sponsors for their dedication to our mission:

| | |
|---------------------------------|-------------------------------|
| American 1 Federal Credit Union | Chelsea School District |
| Chelsea Area Garden Club | Chelsea State Bank |
| Chelsea Community Hospital | City of Chelsea |
| Chelsea District Library | Cole Funeral Chapel |
| Chelsea Education Foundation | Helen McCalla Trust |
| Chelsea Milling Company | Kiwanis |
| Chelsea Retirement Community | Silver Maples |
| | State Farm Insurance |
| | Staffan-Mitchell Funeral Home |
| | United Way of Chelsea |

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U.S. Postage
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Chelsea, Mich.
Permit No. 21

January 2012

Center Hours
Monday - Friday
9 a.m. to 3 p.m.
~ ~ ~
Contact Us:
P: 734-475-9242
F: 734-475-6189
www.chelseaseniors.org
Email: chelseaseniors@aol.com



Chelsea Senior Citizens Activities Center
512 Washington Street
Chelsea, MI 48118

Trinh Pifer, Executive Director
Kay Heller, Administrative Assistant

2011 Board of Directors:

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A place for the young at heart!

Annual Report 2011

Our mission is to promote, encourage, and organize activities that address the physical, social, and emotional concerns of Chelsea area senior citizens and their families.

Membership 2011

Every day at the Chelsea Senior Center, the halls and rooms are filled with laughter and stories as members share news about their families and enjoy games, exercise, or lunch. As of Dec. 1, 2011, our membership included 689 individuals from Chelsea and the surrounding areas. 2011 Statistics:

- Avg. **1463** visits/month; **478** unique visits/month
- Approx. 60% of monthly visits are for social activities, 25% for lunch, and 15% for exercise and wellness
- Our volunteer travel committee organized 26 trips with 779 attendees
- Our volunteers and staff answered over 3,900 calls per year for services, referrals, and programs

Did You Know?

Statistics about the impact of senior centers:

- Compared with their peers, senior center participants have higher levels of health, social interaction, and life satisfaction.
- 75% of senior center users come to the center 1-3 times/week spending an average of 3.3 hours/day.
- 90% of senior center users report that they have developed close friendships at the center and engage in activities outside of the center with friends.
- Senior center members call each other on average 2.7 times/week just to check on each other.
- 17.8% of the population in Michigan are seniors (60+) compared to 24% (65+) in the City of Chelsea.

References: Aday, R.H. (2003) "The Evolving Role of Senior Centers in the 21st Century"
Natl. Council on Aging (2011) "Senior Centers: Fact Sheet"
US Census 2000

Supporting Our Community

We are proud to support our local community through volunteer service, collaboration with community partners, and events that showcase the vitality of Chelsea.

- The Chelsea Spring Expo in April 2011 attracted over 100 vendors and almost 1,000 attendees
- Our volunteers helped support local preschools by helping with an intergenerational garden, craft projects and providing needed supplies, including hats and mittens.
- Our talented volunteers made and donated over 73 blankets and quilts to local charities and non-profits.
- We organized two major community events to celebrate Thanksgiving and Christmas which served over 325 hot lunches to seniors in the community
- At our health fair, we provided flu shots, free blood pressure and health checks, and free Medicare counseling to over 80 seniors

Our Volunteers

The Chelsea Senior Center would not exist without our wonderful volunteers who greet people with a smile, lead programs, or help with fundraisers. Last year, we had over 150 volunteers who gave over 3,000 hours of their time to support the Center. We are thankful for all they do!



Our Circle of Donors

The Chelsea Senior Center Circle of Donors is composed of unique individuals who are dedicated to helping sustain and grow the Chelsea Senior Center.

Their generosity helps to provide for today's CSC services and activities, and will help ensure the Center's presence and vitality for future generations of seniors.

Thank you to our donors who made cash contributions to our Endowment Fund with the Community Foundation for SE Michigan, or who paid for Silver, Gold, or \$250 Club* memberships:

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