Chelsea Senior Center

The Next Chapter

A place for the young at heart!

Feb 2012 • Issue 38 • Published Monthly • Subscription cost $25

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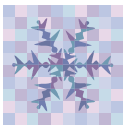


Inclement Weather Policy—Chelsea Senior Center closes when Chelsea Schools close for snow or ice. Please call 734-433-2275 for school closing information.

February Celebrations

Valentine's Day Celebration

Tuesday, February 14 at noon

Join us for a Valentine's Day Lunch hosted by Synergy HomeCare. Enjoy Valentine's cookies and a chance to win a free gift certificate for a trip with the Chelsea Senior Center. Please wear red to show your love for the Senior Center! Call the Center at 475-9242 to make your lunch reservations.

February Birthdays and Mardi Gras Celebration

Tuesday, February 21 at noon

Come celebrate February birthdays, and Mardi Gras, with birthday cake courtesy of Edward Jones. Enjoy great food, music, beads, and all the festivities of "Fat Tuesday**". This special luncheon is also the first quarter reunion lunch for all one-room schoolhouse attendees.** Help us identify slides of one-room schoolhouses within Chelsea School district and enjoy fellowship with others who attended one-room schoolhouses. Call to reserve your spot and don't miss the fun!

Special February Events

Market Update

Tuesday, February 21 at 11:00 a.m. FREE

Have you been following the financial news in the media? Do you want to get the latest information on new tax laws or hear how the market is doing? Join Michael O'Quinn from Edward Jones for a market update followed by a Mardi Gras celebration during lunch. Please call 475-9242 to let us know you'll be attending.

Transition Movements in the US, Michigan & Chelsea

Friday, February 24 at 11:00 a.m. FREE

Transition movements around the country are focused on building a sense of community. Cathy Muha, from Chelsea's Transition Town movement, will lead a discussion on the resource challenges that our country is facing today. This presentation is supported by the Chelsea Education Foundation as part of the series "Our Changing World". Please call 475-9242 to register.

Need Help or Information?

Tax Prep Assistance

Thursdays, February 23, March 8 & March 22

Catholic Social Service volunteers will be available to help seniors with **simple** tax returns. Please call the Center at 475-9242 to schedule your appointment between 12 noon and 3 p.m. Donations requested.

Legal Link: "How to Prevent Becoming a Victim of Investment Advisor Fraud"

Thursday, February 16 at 9:00 a.m. FREE

A monthly presentation and question and answer club about topics of interest to seniors and their families. Cyril S. White is founder and Managing Director of White House Financial & Investment Solutions, LLC located in Chelsea. He has over 15 years of experience as a personal financial advisor and will discuss strategies and best practices clients can use to prevent becoming a victim of investment advisor fraud.

A Message from our Director….

Don't let the cold and gray days of February get you down. Come join us for lunch, enjoy a game of cards, or share a cup of coffee and visit with friends! There's always something going on at the Senior Center and a friendly face to welcome you.

Many of our programs are free and open to the public, but please be sure to call and let us know that you'll be joining us. It helps us with our planning, room setup, etc. Make this month, the time to try something new!

We have several exciting projects being planned for this year including an intergenerational garden on the Washington Street Campus. The garden site will be located right outside our cafeteria doors! The goal of this intergenerational garden is to encourage enjoyment of gardening and spending time outdoors. It will be a wonderful opportunity for seniors and students to interact and to enjoy the benefits of their efforts -- locally grown fresh produce! We are looking for volunteers to help with planting this spring.

We are also in the process of getting wireless internet connection in all of our classrooms. Look for this great new feature within the next month.

Let us know what we can do to continue providing the programs, services, and resources that make our Center a great place to be! ~~Trinh

Events on the Horizon

Celebrity Servers at Chelsea's Big Boy

Tuesday, March 20

Bring the family and enjoy a delicious dinner served by local celebrities! All tips, and proceeds from pie sales benefit the Chelsea Senior Center. Don't miss this FUNdraiser.

Chelsea Spring Expo

Saturday, April 14

If you missed it last year, be sure to mark it on your calendars for 2012. Over 100 vendors, free giveaways and samples, bake sale, crafts, and kids activities -- a fun day for the whole family! Come enjoy your community and support the Senior Center.

Community Events

Adult Learner's Institute Winter/Spring offering

The Adult Learners Institute (ALI) provides a diverse selection of quality community-based learning experiences and camaraderie for adults in western Washtenaw County. Registration for the Winter/Spring semester is now available. Course catalogs can be picked up at the Senior Center or at www.adultlearnersinstitute.org.

China Travelogue

Monday, March 19 at 1-3 p.m. FREE

Ed and Karin Riske will share highlights of their trip to China including the major cities of Shanghai, Beijing, Xian, and the terracotta warriors. This is an ALI class, but will be held at the Senior Center. Please register with ALI at www.adultlearnersinstitute.org

Senior Supper Club

Tuesday, February 14 Cost $6

4 p.m. Program / 5 p.m. Dinner

Chelsea Community Hospital Cafeteria

Call 734-475-3913 for reservations

The Chelsea Senior Center travel committee will present an overview of the benefits of group travel for seniors, travel safety tips, and a preview of 2012 trips. Come join the fun and hit the road with other seniors!

Kaleidoscope Concert Series

Tuesday, February 21 at 7:00 p.m. FREE

Silver Maples

The River Raisin Ragtime Revue "The Back Row" steps out to strut their New Orleans jazz traditions to celebrate Mardi Gras. Tickets available at the Center.

*****Mark your calendars for a Kaleidoscope fundraising concert on April 17 to be held at the WSEC auditorium (Chelsea Senior Center) featuring Dave Bennett's Tribute to Benny Goodman "The King of Swing"!**

Out to Lunch Bunch

Thursday, February 16 at noon

Join this group for a fun afternoon and a delicious lunch at the **Breakaway Restaurant** located inside the Arctic Coliseum. Please call 475-9242 so we can make reservations for the group.

Wellness for all

Enhance Fitness

Mondays, Wednesdays, and Fridays, 10:30 - 11:30 a.m.
Cost: $3 drop-in/class or $22 for an 8-session card
Wednesdays are FREE until March 28
courtesy of Washtenaw Community College!

This class focuses on stretching, flexibility, balance, low impact aerobics, and strength training exercises needed to maintain strength and function. Bring a friend to this evidence based fitness class; their first time is free.

Ping Pong

Mondays, 1:00 p.m.

Join us for a fun afternoon of exercise and friendly competition. Come learn how to play or fine tune your skills. Equipment provided or bring your own lucky paddle.

Swimming at Chelsea Comfort Inn

Tuesdays and Thursdays, 9:00 - 10:00 a.m.
Cost: $3 per person per session

Come join us for swimming, water walking, or soaking in the hot tub at the Chelsea Comfort Inn. Water exercise is great for people with balance concerns, arthritis, and joint problems—all are welcome. The pool is a warm water pool with a depth of 5ft. Please remember, though, there is no lifeguard on duty, and you should swim at your own risk. Payment will be accepted at the front desk of the Comfort Inn on a drop-in basis.

Bowling at Chelsea Lanes **Subs needed!**

Wednesdays, 1:00 p.m.

Join our regular bowlers for fun and exercise at Chelsea Lanes. For more information, please contact the Lanes at 475-8141 and ask to speak with Kathy GreenLeaf.

Check this out

Walking Move More with Chelsea Seniors!

Monday, Wednesday & Friday at 10 a.m.

Looking for some motivation to get more exercise? Join our new walking group three times a week at 10:00 a.m. as we chalk up the miles. Great way to maintain your health.

Come any day to walk the WSEC halls. Stop by the office to say hello while you are here.

NEW Wellness program

Transitional Movement Exercises NEW

4-week FREE Introductory classes
Tuesdays, thru February 14 at 11:00 a.m.

Jan Sevde has been training over a year in this proven method for lifetime fitness, vitality, and natural pain relief. This program incorporates gentle and safe movements that will help improve your flexibility and enhance your mental and emotional well being. Bring your own cotton quilt (approx. 4 ft wide x 6 ft long) or a limited number will be available to borrow. Maximum of 12 participants per class, call early to reserve your spot.

Join us for lunch

Taste of Home Café at 12 noon

Join us for lunch — you'll discover a balanced meal and great fellowship Monday - Friday at the Taste of Home Café. Thanks to Area Agency on Aging 1B and the Washtenaw County Senior Nutrition Program, diners over 60 pay only $3.00 (if registered with the Senior Nutrition Program). The public is most welcome, guest cost is $5.50 per person.

Please call 475-9242 at least 24 hours in advance!

Chelsea Senior Center Craft Corner

Have you noticed the beautifully made crafts on display in the main office? These are all made by our various craft groups and talented members as an ongoing fundraiser for the Senior Center. Make a donation to the Senior Center and take home a handmade birdhouse or knit blanket, which make wonderful gifts!

Arts and Crafts

Check out our calendar for dates and times of our weekly Arts and Crafts groups. Drop in for Crafts on Tuesday mornings, Charity Quilting on Tuesday afternoons, Knit & Crochet on Thursday afternoons, and Wood Carving on Friday mornings. Members and non-members alike are invited to join. Come have fun, learn something new or lead a class for others. Please call 475-9242 with questions.

Paint with Steve Wood

Monday, February 27 9:30 a.m. Cost: $22 members/$25 non-members. Checks payable to Steve Wood.

Anyone can paint! Join this fun group — leave with a completed painting ready to frame.

Stained Glass Class

Wednesdays, 9:30 - 11:30 a.m.

Cost: $3 members / $4 non-members (per session)

All levels welcome in this stained glass workshop with Harry Gibson. Glass and supplies for purchase.

The Strippers Quilting Group

The Strippers Quilting Group will combine with the Black Sheep Quilters in Manchester. This group will meet on the 2nd and last Mondays of the month in Manchester. Please call Sidney for meeting places and time 734-428-8679.

Cards and Games

Chelsea Senior Center's calendar lists a variety of cards and games. Check it out and then join us for something new this year. You'll find fun and interesting people already playing Euchre, Bingo, Mahjongg, Hand & Foot, Pinochle, Scrabble, Wii, Bridge, and Chess. Come join us for fun and friendship! If you'd like to start a new group please let us know — our offices are always open.

Instructional Bridge with Arlene Howe

Thursdays, 10:00 a.m.

Come learn techniques with Arlene and then stay to play starting at 12:15 p.m. for registration. Cost for an afternoon of bridge with prizes—$3.00. Drop in, partners not required.

Clubs and Groups

We have many groups that have been formed and are led by our members. Join our Computer Club, Coin Collecting Club, and Writing Group to meet other members and learn a new hobby or skill. Check out our monthly calendar for meeting dates and times.

The Scarlett Ladies

NEW Date

Saturday, February 11 at 11:00 a.m.

Meet at Mike's Deli for lunch, then enjoy the Chocolate Extravaganza in downtown Chelsea. Free chocolate samples, sales, and activities at over 30 different businesses. Call Babette at 475-0715 for information.

Manipulation: TRY OUT THIS NEW CARD GAME!

Wednesdays, February 8 and 22 at 1:00 p.m.

Similar to rummy, this card game will have you exercising your mental skills. Join this new group every other Wednesday afternoon.

Newsletter Assembly Group

Thursday, February 16 at 9:00 a.m.

Join this dedicated group as we collate, secure and label each newsletter.

Everyone is welcome!

At Chelsea Senior Center we want to be a welcoming place for everyone. Please let us know of any special accommodations you may need. Is lack of transportation and rising gas prices preventing you from coming to the Center? Please call us and we can help you find a ride.

Scholarships Available!

If finances are keeping you from joining the Center or attending a program, we can help through the generosity of an anonymous donor. If you are interested in receiving a scholarship, please see Trinh. All scholarship information and financial needs are kept confidential.

Telephone Reassurance Program We are looking for Seniors who might benefit from a cheery phone call on a regular basis. Tell us when and how frequently. Please pass the word about this service.

Transportation The W.A.V.E. Bus will bring you to the Senior Center. Call 475-9494 for the best ride in town!

Services for Members

Support, Questions Answered, Resources The Chelsea Senior Center is the place for answers. We look forward to sharing our file of resources and lists of services for Seniors. Just give us a call, we are happy to help.

Medicare/Medicaid Assistance Program (MMAP) Trained certified counselors are available by appointment to help you navigate the system to obtain health care benefits. Call 475-9242 if you need help!

Computer Workstations Do you need to check email, find something on the internet, or use a computer, but don't have access to one at home? There are 2 workstations available at the Center you can use for free, just stop in and ask us!

Free Greeting Cards Literally hundreds of cards available for your personal use. Please enjoy these donations from our members and Hallmark customers.

Books and Magazines Our lovely library of donated magazines, hardcover and paperback books are available for members to take home and enjoy or to share with seniors who are shut-ins. Many large print.

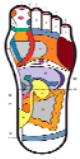
Sewing, Mending and Repairs A service for members; a donation to the Senior Center requested. Bring matching thread if possible.

Blood Pressure 10 a.m. to noon on the first and third Tuesday of the month. Do you know your numbers? Thanks Barb and Karin for keeping us healthy.

Eyeglass Adjustment Bring your eyeglasses to the Center for free adjustments and minor repairs courtesy of Cherry Optometry (see calendar for date).

Massage with Dawne Still just $1 per minute: you can schedule your chair massage on Monday, February 6 and February 20. Dawne will be here from 10 a.m. to 1 p.m.; call us to schedule your appointment—475-9242.

Foot Care Ava's hand surgery is behind her and she is doing well. She will be contacting her patients on an individual basis, hopefully returning in March. Call Ava at (734) 878-7330 with questions.



Reflexology This popular therapy offers a relaxing retreat from the stresses of the world giving the body an opportunity to use its own healing abilities. Sign up for this great therapy on February 21. Each 15 minute session cost $10 members; $15 non-members. Please call the Center to sign-up.

MEMBERSHIP DRIVE:

Not sure if you sent in your 2012 membership form?

Check your mailing label on this newsletter. If you see a "12" above your name, then you are all set. If not, please send in your membership form and payment today! Your annual dues are not just a subscription to this newsletter, they support our operational costs and help keep our programs free or low cost to all seniors in the community.

Help support our mission!

Help Support the Senior Center

Chelsea Senior Center Wish List :

- Decaf and Regular coffee
- Coffee cups
- Paper towels
- Gift Cards to Meijer or Target for snacks
- Colored copy paper — ream each color preferred

For Rent

734-475-9242

Two Great Condos for Rent!

The Senior Center has two condos available for rent in Gatlinburg, Tennessee and Branson, Missouri. The condos are near theaters and attractions for the whole family to enjoy. Both units are fully furnished and sleeps 8. Rates for 2012 are $600 a week for each unit. These timeshares can be exchanged for different weeks or for other properties (for a small change fee). Please contact the Center for more information.

There are thousands of languages in the world, but a SMILE speaks all of them

SMILE

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Movies at the Center

This month our movies turn to classic love stories. Come for popcorn, fellowship and great theater. Movies start at 12:30 p.m. Donations accepted.

Fri, Feb. 3: When Harry Met Sally 1989 96 min
Good friends Harry and Sally fear a closer relationship will ruin their friendship.

Fri, Feb. 10: Sleepless in Seattle 1993 105 min
Starring Tom Hanks and Meg Ryan. A recently widowed man's son calls a radio talk show in an attempt to find his father a partner.

Fri, Feb. 17: The English Patient 1996 162 min
At the close of WWII, a young nurse tends to a badly-burned plane crash victim. Flashbacks reveal his past.

Fri, Feb. 24: While You Were Sleeping 1995 103 min
Ticket collecting romantic pretends to be engaged to an unconscious man but can't fool his brother.

Great Books Discussions With Chelsea District Library

Midnight in the Garden of Good and Evil by John Berendt Friday, February 3 at 1 p.m.
A compelling nonfiction account that reads like a novel. Centered on a scandalous murder mystery involving one of Savannah's most prominent citizens, "Midnight" richly evokes the peculiar character of this city and its inhabitants ranging from genteel society to drag queens to voodoo practitioners.

The Color of Water: A Black Man's Tribute to His White Mother by James McBride
Friday, March 2 at 1 p.m.
This biography tells the story of McBride's mother, a Polish Jew who immigrated to America, found love with a black man in Harlem, was twice-widowed, and raised 12 children. McBride unfolds the story of his mother's abusive upbringing and her ability to rise above all situations and challenges.

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February 2012

***Indicates programs taking place away from Senior Center campus**

Monday	Tuesday	Wednesday	Thursday	Friday
		1	**2**	**3**
		9:30 Stained Glass 10:00 Walking Group 10:30 Enhance Fitness 1:00 Pinochle 1:00 Scrabble 1:00 Bowling League*	9:00 Swimming * 10:00 Bridge Class 10:00 Computer Club 10:00 Chess 12:15 Bridge 12:30 Knit & Crochet	9:00 Bingo 9:30 Mah Jongg 10:00 Walking Group 10:00 Wood Carving 10:30 Enhance Fitness 12:30 Movie 1:00 Wii Fun **1:00 Book Club**
6	**7**	**8**	**9**	**10**
9:00 Bingo **10:00 Massage** 10:00 Walking Group 10:30 Enhance Fitness 12:30 Hand & Foot 1:00 Ping Pong 1:00 Writing Group	9:00 Swimming * 9:30 Mah Jongg 10:00 Crafts/Cardmaking **10:00 Blood Pressure** **11:00 Transitional Movements Exercise** 1:00 Quilting for Charity 1:00 Wii Fun 6:30 Euchre	9:30 Stained Glass 10:00 Walking Group 10:30 Enhance Fitness **1:00 Manipulation** 1:00 Pinochle 1:00 Scrabble 1:00 Bowling League*	**8:30 Board Meeting** **8:30 DIA departs** 9:00 Swimming * 10:00 Bridge Class 10:00 Computer Club 10:00 Chess 12:15 Bridge 12:30 Knit & Crochet	9:00 Bingo 9:30 Mah Jongg 10:00 Walking Group 10:00 Wood Carving 10:30 Enhance Fitness 12:30 Movie 1:00 Wii Fun **2/11@ 11 a.m.—Scarlett Ladies**
13	**14 Senior Supper Club***	**15**	**16**	**17**
9:00 Bingo 10:00 Walking Group 10:30 Enhance Fitness 12:30 Hand & Foot 1:00 Ping Pong	9:00 Swimming * 9:30 Mah Jongg 10:00 Crafts **10:00 Eyeglass Check** **11:00 Transitional Movements Exercise** **12:00 Valentine's Lunch** 1:00 Quilting for Charity 1:00 Wii Fun 6:30 Euchre	9:30 Stained Glass **10:00 Coin Collecting** 10:00 Walking Group 10:30 Enhance Fitness 1:00 Pinochle 1:00 Scrabble 1:00 Bowling League*	**9:00 Newsletter Assembly** 9:00 Swimming * **9:00 Legal Link** 10:00 Bridge Class 10:00 Chess 10:00 Computer Club **12:00 Out to Lunch *** 12:15 Bridge 12:30 Knit & Crochet	9:00 Bingo 9:30 Mah Jongg 10:00 Walking Group 10:00 Wood Carving 10:30 Enhance Fitness 12:30 Movie 1:00 Wii Fun
20	**21 Kaleidoscope Concert***	**22**	**23**	**24**
9:00 Bingo **10:00 Massage** 10:00 Walking Group 10:30 Enhance Fitness 12:30 Hand & Foot 1:00 Ping Pong 1:00 Writing Group	9:00 Swimming * **9:20 Reflexology** 9:30 Mah Jongg 10:00 Crafts **10:00 Blood Pressure** **11:00 Market Update** **12:00 Birthday Lunch/ Mardi Gras Celebration** 1:00 Quilting for Charity 1:00 Wii Fun 6:30 Euchre	9:30 Stained Glass 10:00 Walking Group 10:30 Enhance Fitness **1:00 Manipulation** 1:00 Pinochle 1:00 Scrabble 1:00 Bowling League*	9:00 Swimming * 10:00 Bridge Class 10:00 Chess 10:00 Computer Club **12:00 Tax Preparation** 12:15 Bridge 12:30 Knit & Crochet	9:00 Bingo 9:30 Mah Jongg 10:00 Walking Group 10:00 Wood Carving 10:30 Enhance Fitness **11:00 Transition Town & Global Resource Challenges** 12:30 Movie 1:00 Wii Fun
27	**28**	**29**		
9:00 Bingo **9:30 Paint with Steve** 10:00 Walking Group 10:30 Enhance Fitness 12:30 Hand & Foot 1:00 Ping Pong	9:00 Swimming * 9:30 Mah Jongg 10:00 Crafts 1:00 Quilting for Charity 1:00 Wii Fun 6:30 Euchre	9:30 Stained Glass 10:00 Walking Group 10:30 Enhance Fitness **1:00 Wii Tournament*** 1:00 Pinochle 1:00 Scrabble 1:00 Bowling League*		

Adult Learners Institute of Chelsea Michigan, Inc.

ALI

We are about life-long Learning

ALI is a non-profit organization. We offer a series of non-credit mini-classes; many are conducted in cooperation with Washtenaw Community College.

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Come Travel with Us!

Adult travelers of any age are invited to enjoy Chelsea Seniors' escorted trips

Chelsea Seniors have great trips planned for 2012! To learn more visit our website, stop by the Center or mark your calendar for two special events!
Tuesday, February 14; 4 p.m. at Chelsea Community Hospital, "The Benefits of Group Travel for Seniors"
Monday, April 23— Travel Open House at the Center. Join us for an evening of information & fellowship.

Extended Trips

Montréal , Quebec City & Ottawa

May 14 thru 19 Cost: $1499 double ($1359 triple)
Deposit $100; Balance due April 1st

Enjoy romantic rail travel from Windsor with stays in Montreal, Quebec City accommodations at the Fairmont Le Chateau on the St. Lawrence River and sightseeing in Ottawa.

Western National Parks

August 5 thru 15
Cost: $2,999 double ($2,749 triple) Deposit of $250 at registration, balance due June 10th. Insurance $150

Visit our own "Wonders of the World". Roundtrip air to Denver, 10 nights lodging with breakfasts, 1 lunch, 5 dinners. Tours of Western National Parks include Arches, Canyonlands, Salt Lake City, Jackson Hole, Grand Tetons, Yellowstone, Mt. Rushmore and more.

British Landscapes

September 27 thru October 6
Cost: $3,399 double ($3,369 triple), book by March '12
Don't miss this opportunity to taste and see the best of England, Scotland and Wales. See Big Ben, Stonehenge, the Tower of London and more. Stay at Ruthin Castle and in Shakespeare's Stratford-Upon-Avon.

Day Trips

Red Wings Hockey

Friday, March 30; depart 6 p.m.
Cost: $76 members / $81 non-members
Join the group for a fun outing to "Hockeytown" and see the Red Wings take on the Predators. Wear red and white and bring a friend to cheer on the Red Wings!

D I A —Rembrandt and the Face of Jesus

Thursday, Feb 9; depart 8:30 a.m., return 3:00 p.m.
Cost: $45 members/$50 non-members
Don't miss this special exhibit and see how Rembrandt broke the convention of showing Jesus as a divine, perfect figure by portraying him as a compassionate, complex human being.

South Pacific at the Fox Theater

Saturday, March 3, 2012
depart 12:15 p.m., return 5:30 p.m.
Cost: $75 members/$80 non-members by Feb 1st
Enjoy this breathtaking Rogers and Hammerstein musical. A romantic story set on a tropical island tells WWII's effect on two couples.

Canada Day Shoreline Appreciation Tour

Monday, May 7; depart approx 8 a.m., return 6 p.m.
Cost: $65, includes lunch in historic Amherstburg
Tour famous Windsor "Underground Railroad" site, a mansion built by Hiram Walker heir, and a beautiful winery on Lake Erie. Passport or equivalent required.

Upcoming Trips Mark your calendars for these exciting trips! Call the Center for information ~ 734-475-9242

Tuesday, March 6: Motor City Casino
Thursday, April 12: Meijer Garden Butterfly Exhibit
Tuesday, April 24: Soaring Eagle
Friday, April 27: DSO—Tribute to Elvis

Payment or deposit is due at registration. Only those people who pay when registering for a trip are guaranteed a seat. Price includes gratuities for driver. Refund Policy: Travelers will be responsible for the cost of the trip. If you must cancel, you may find your own replacement or call us to see if we have a wait list. If a cancelation is made prior to the final payment due date, a full refund, less $5.00 handling fee, will be provided. Members are encouraged to purchase insurance.

Chelsea Senior Citizens Activities Center
512 Washington Street
Chelsea, MI 48118

Trinh Pifer, Executive Director

Kay Heller, Administrative Assistant

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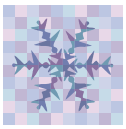
February 2012

Chelsea Senior Center

Our mission is to promote, encourage, and organize activities that address the physical, social, and emotional concerns of Chelsea area senior citizens and their families.

Hours of Operation — Chelsea Senior Center is open Monday thru Friday from 9 a.m. to 3 p.m. Call us at 734-475-9242 or email to chelseaseniors@aol.com

Travel at a Glance . . .



- California Coast — Feb 1 thru 7
- DIA Rembrandt "Face of Jesus" — Feb 9
- South Pacific — March 3
- Motor City Casino — March 6
- Red Wings Hockey — March 30
- Meijer Garden Butterfly Exhibit—April 12
- **Travel Open House—April 23**
- Soaring Eagle — April 24
- DSO—April 27th
- Canada Day — May 7
- Montréal & Quebec City — May 14 thru 19
- Western National Parks— August 5 thru 15
- British Landscapes — Sept 27 thru Oct 6

Chelsea Senior Center is supported by numerous donations, City of Chelsea, Chelsea United Way, Chelsea Community Foundation (an affiliate fund of the Community Foundation for Southeast Michigan), Chelsea Kiwanis, Chelsea Lions, Chelsea Pharmacy, Chelsea Retirement Community, Cole Funeral Chapel, Dexter Township, Silver Maples, Staffan Mitchell Funeral Home, Chelsea Area Garden Club, Women's Club of Chelsea, And the Members and Board of the Chelsea Senior Center. *The Chelsea Senior Center complies with the terms and regulations of the Title V of the Civil Rights Act of 1964 as amended in Section 504 of the Social Rehabilitation Act of 1973 and is an equal opportunity employer. Reasonable accommodations will be provided upon notification or request.*

February 2012

Chelsea Senior's

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Supported through the Washtenaw County Area Agency on Aging 1B		**1** Roast Turkey & Gravy Whipped Potatoes Seasoned Green Beans Chilled Cranberry Sauce Fruit and Salad Dessert of the Day	**2** Homebaked Italian Lasagna Broccoli with Parmesan Crunchy Garlic Toast Fruit and Salad Dessert of the Day	**3** Crunchy Fish and Chips Tartar Sauce Steamed Mixed Vegetables Fruit and Salad Dessert of the Day
6 Flavorful Chicken Pot Pie Creamy Mashed Potatoes Fruit and Salad Dessert of the Day	**7** BBQ Pork on a Bakery Bun Sweet Potato Fries Fruit and Salad Dessert of the Day	**8** Ballpark Beef Frank On Steamed Bun Brown Sugar Baked Beans Buttered Corn Fruit and Salad Dessert of the Day	**9** Beef and Tomato Goulash Glazed Carrots Warm Breadstick Fruit and Salad Dessert of the Day	**10** Oven Fried Chicken and All the Fixins Fruit and Salad Warm Fruit Cobbler
13 Italian Spaghetti with Meatballs Crunchy Garlic Toast Steamed Spring Peas Fruit and Salad Dessert of the Day	**14** Chicken Divan with Broccoli and Mushrooms Long Grain and Wild Rice Breadstick Fruit and salad Dessert of the Day	**15** Mouth-Watering Meatloaf Brown Gravy Creamy Whipped Potatoes Steamed Vegetable Fruit and Salad Dessert of the Day	**16** Grilled Pastrami on Rye Bread Sunchips Bowl of Savory Chili Fruit and Salad Dessert of the Day	**17** Pot Luck Call Senior Number for Details
20 Bring your Own Lunch	**21** Mardi Gra and Birthday Celebration Chicken Gumbo Soup Corn bread Bread Pudding Fruit and Salad	**22** Shepherd's Pie w/Mixed Veggies Fruit and Salad Dessert of the Day	**23** Savory Swedish Meatballs Buttered Egg Noodles Steamed Mixed Vegetables Fruit and Salad Dessert of the Day	**24** Kielbasa & Sauerkraut Kluski Noodles Pickled Beets Fruit and Salad Dessert of the Day Smaczne!
27 Vegetable Lasagna Seasoned Green Beans Warm Garlic Breadstick Fruit and Salad Dessert of the Day Enter Text Here	**28** Baked Potato Bar with Chili and Toppings Steamed Broccoli Fruit and Salad Dessert of the Day	**29** Chicken Parmesan with Penne Pasta Steamed Vegetable Fruit and Salad Dessert of the Day		

News

Turkey with cheese on wheat or white bread.
Chef Salad
Please try our new salads
California Cobb
Caesar
Mandarin Chicken
Are also available

For reservations please call 475-9242 at least one day in advance

Thank you

Enter Other Information Here

Chelsea Senior Center

2012 Membership Form

*Membership dues are **$25** per person for the calendar year of 2012. Additional donations can be made at the same time. **Please make checks payable to Chelsea Senior Center.***

__ **$25 Basic Membership** (monthly newsletter, discounted rates for programs and travel)

__ **$50 Silver Membership** (benefits above plus quarterly "donuts for donors" event)

__ **$100 Gold Membership** (benefits above plus invitations to all donor events)

__ **$250 Club "You too will be 50"** (membership for a couple, benefits above plus recognition in the annual report)

Donations beyond the $25 membership are tax deductible to the extent of the law.

Your Name: _____	Spouse's Name: _____
Date of Birth: _____	Date of Birth: _____
Previous Occupation: _____	Previous Occupation: _____
Are you interested in volunteering	Are you interested in volunteering
at the center? _____	at the center? _____
Hobbies/interests: _____	Hobbies/interests: _____

Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ Cell Phone: _____

PHOTO RELEASE: I give permission to the Chelsea Senior Center to use my photo for the purposes of marketing and publicity. **Please Initial:** You: _____ Your Spouse: _____

Alternate Mailing Address: _____

Months to send newsletter to alternate address: _____

NEWSLETTER DELIVERY:

☐ Please e-mail the newsletter to me. E-mail address:_____

☐ Please mail to the address above.

EMERGENCY INFORMATION: This information is kept strictly confidential.

Emergency Contact: _____ Relation: _____

Home Phone: _____ Cell Phone: _____

Medical conditions we should be aware of:

You: _____ Spouse: _____

_____ _____

For Office Use Only:

Membership # _____ Membership # _____

Date Received: _____ Paid: $_____