

The Next Chapter

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May Birthday Celebration

Happy Birthday, Thank you Vets Memorial Day

Tuesday, May 31st at noon

All members are invited to lunch as we celebrate May and enjoy birthday cake sponsored by BrightStar. There will be a Memorial Day celebration, extending a special welcome and free lunch to all Veterans. After a brief video presentation, there will be time for sharing stories of Memorial Day memories.

The Center is also collecting items to ship to Chelsea resident Max Wineland, currently stationed in Afghanistan. If you'd like to contribute, the men serving under Max appreciate wrapped snacks, jerky, magazines, and home baked cookies.

Please call the Center for reservations: 734-475-9242.

Conscious Aging Program

From Age-ing to Sage-ing Class Preview

Thursday, May 12th at 10 a.m. presented by LeAnn Seto
Join us in May to learn more about a unique workshop beginning June 1st. "From Ageing to Sageing" is based on Rabbi Zalman Schachter-Shalomi's book. The program is highly recommended by eldercare expert Dr. Bill Thomas. Age-ing to Sage-ing is a new concept, designed to support people in the second half of life using their own inner wisdom to become Elders in our society. Please call to sign up or just drop in on May 12th to hear an overview presented by LeAnn Seto. The 13 week workshop will meet Wednesday mornings from 10—11:30 a.m. Held at the Center the class is free of charge and is being offered through the support of Chelsea First United Methodist Church.

May Gardening Series

Warm weather, spring rains, and budding leaves -- it's the season for garden inspirations. The Center is pleased to offer a series of special gardening topics in May every Tuesday at 11:00 a.m. to inspire people of all ages to enjoy gardening. Per Class Fee: \$1 for members, \$2 for non-members. To register, please call us at 475-9242.

Tue, 5/3: Small intensive vegetable and flower gardens, you don't need an acre.

Learn about 4-foot square garden spaces and easy to make raised beds for intensive mixed vegetable and flower planting. Charlene Harris, Master Gardener, lecturer, and horticultural professional, will discuss ergonomic strategies for lifelong gardening enjoyment.

Tue, 5/10: Easy container herb gardening: Culinary herbs for flavor, scented herbs for fragrance.

This popular class by Rita Hermann and Merrill Crockett of Old Friends Herbs will cover topics from planting a container herb garden to harvesting, preserving, and using your herbs in everyday life.

Tue 5/17: Spring blooms: A story across time. Growing a garden is more than growing plants. It's the totality of the picture that evolves over time, the people who nurtured that picture, and those who will follow on our lands. This historical presentation by David Mastie, retired science teacher will show the evolution of flower gardens through geography and history, from ancient China to Europe to the American colonies.

Tue 5/24: A Garden of Visible Prayer: Creating a personal sacred space one step at a time.

Gardens are places of growth, not only for plants but for our souls as well. Creating an outdoor spiritual sanctuary, no matter how small, is now within every gardener's reach. Join Master Gardener, Margaret Rose Realy, as she discusses and signs her newly published book.

Tue, 5/31: Seeds of change -- how gardening and agriculture has changed over the years.

Charlene Harris leads this stimulating discussion on how changes in technology, globalization, and legislation has impacted the way we grow and consume food from genetically modified organisms (GMOs) to new invasive species.

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512 Washington St. Chelsea, MI 48118

734-475-9242

www.ChelseaSeniors.org

A message from our director....

Wow, what a busy and exciting two weeks it has been! All the friendly faces and interesting stories that I get to hear every day makes me realize what a wonderful organization I am now a part of. This year's Spring Expo was a perfect event to showcase the commitment and energy of our Senior Center members and volunteers. If you did not attend the Expo this year, we counted over 1000 attendees and vendors who walked through the doors to enjoy the diversity of exhibits and special events. It was wonderful to see people of all ages from the area enjoying the day together, and the phenomenal bake sale! Some of you already know that I am fond of "numbers", so I was impressed to find out that our Center currently serves over 500 members, and in March, we recorded over 1300 people who signed in to attend an activity, to have lunch or to just meet with others for sharing of knowledge, information, and friendship. In that spirit, I would like to encourage all of you to come in and check out a new program or activity, have lunch with us, or to just stop in and say "Hi".

See you soon,

Trinh

Thank You Volunteers

Thanks to each of you who had a part in the Chelsea Spring Expo held Saturday, April 16th. An event of such a magnitude takes many hands and we appreciate each of you — whether you invited friends, prepared an item for the Bake Sale, manned a booth, helped set-up, put out signs, answered questions, contacted vendors, served on the committee, cleaned-up, wrote receipts, or attended. THANK—YOU ALL!

Raffle Tickets for Sale

Tickets for Chelsea Senior Center's benefit raffle are available to purchase or to sell to your friends and neighbors. This is a wonderful way to support the Center — and you may win one of three wonderful prizes. First prize is \$1000.00; 2nd prize two U of M vs. Ohio State Football tickets and 3rd prize a beautiful handcrafted heirloom quilt constructed by our Friday morning group.

Please stop by the office to make a purchase or sign-out tickets to sell. Thanks for helping Chelsea Seniors.

More Special Events for May

Celebrate National Elder Law Month with Us!

Monday, May 9th at 1:00 p.m.

As part of National Elder Law month John A McDermott, an Elder Law attorney, will provide a description of various free and low cost public/private organizations that can help Seniors with their unique needs. Learn about the organizations that provide help with financial, health, housing and legal problems for Seniors. A brochure will be provided with a list of organizations.

Please let us know you are coming by calling 475-9242.

Out to Lunch Bunch

Red Brick Restaurant in Dexter

Monday, May 2nd at 12:30 p.m.

Join us just down the road in Dexter.

Red Brick is located at 8093 Main

Street and serves a reasonably priced lunch. Celebrate May Day with Senior Center members and staff.

Call us at 475-9242 for additional information or meet us at 12:30 in Dexter.



One Room Schoolhouse Lunch

Monday, May 16th at noon



Join us for lunch (just \$2.50) as we reminisce and plan our June alumni potluck at the Bollinger farm. Bring a friend, snapshots are also welcomed! Please call by May 13th at noon for lunch reservations.

Senior Supper Club

Senior Supper Club at Chelsea Community Hospital

Tuesday, May 10th; 4 p.m. Program; 5 p.m. Supper

This month David Lorenz of Travel Michigan will speak on our great state. Join us for this free program in the hospital dining room. If you'd like to stay for supper it's just \$6.00 each. Call 475-3913 for reservations.

Wellness for all

Enhance Fitness

Mondays, Wednesdays, and Fridays, 10:30 - 11:30 a.m.
Cost: \$3 drop-in / class or \$22 for 8 Session cards

Wednesdays are free beginning May 11th.

This class focuses on stretching, flexibility, balance, low impact aerobics, and strength training exercises needed to maintain strength and function. Bring a friend to this evidence based fitness class; their first time is Free. We love seeing new faces!

Swimming at Chelsea Comfort Inn

Tuesdays and Thursdays, 9:00 - 10:00 a.m.

Cost: \$3 per person per session

Come join us for swimming, water walking, or soaking in the hot tub at the Chelsea Comfort Inn. Water exercise is great for people with balance concerns, arthritis, and joint problems—all are welcome. The pool is a warm water pool with a depth of 5ft. Please remember, though, there is no lifeguard on duty, and you should swim at your own risk. Payment will be accepted at the front desk of the Comfort Inn on a drop-in basis.



Walking Join our walkers! Come walk the halls or as the weather warms Chelsea School District's track. We've planned two fun group walks and invite you to the opening of the Community Wellness Paths. See you on the path — to better health.

Pierce Lake Board Walk

Wednesday, May 11th at 1:00 p.m.

Meet us just off Old U S 12 in the Post Office parking lot (east end). We'll follow the sidewalk to the entrance of the Boardwalk and then enjoy a stroll viewing wild-life and Pierce Lake. Call 475-9242.

Chelsea Track Monday, May 23rd at 9:00 a.m.

Meet us here and we'll gather for a track walk. Easy on your feet and easy to measure the miles.

Community Wellness Paths Grand Opening

Thursday, May 12th at 2 p.m. at Silver Maples

Come celebrate the official opening of the Community Wellness Paths, which consists of three legs that connect St. Mary's, the school district ball fields, the hospital, Silver Maples and the Chelsea Senior Center.

Are you a part of the Healthy Communities Walking Program? For more information leave a message for Sherri at 734-475-6121.

A Matter of Balance

Thursdays, 1—3 p.m. for 8 weeks
April 14th thru June 2nd at the Center
May 9th thru June 27th at the Pines

Suggested Donation: \$15 per person

Fear of falling can limit activities of seniors. Learn how to stay active and manage those concerns in our Matter of Balance classes.

A Matter of Balance: Managing Concerns About Falls emphasizes practical strategies to reduce fear, and increase activity levels. You'll have fun and learn!

Please call 734-475-9242 to sign up for the class at The Pines, our class starting on June 9th or to indicate your interest in a future session. Also ask about free bus passes for Chelsea area residents wishing to attend "A Matter of Balance"

Simple Tips for a Healthier You!

1. Drink plenty of water.
2. Eat breakfast like a king, lunch like a prince and dinner like a beggar.
3. Eat more foods that grow on trees and plants and eat less food that is manufactured in plants.
4. Live with the 3 E's -- Energy, Enthusiasm and Empathy
5. Make time to pray.
6. Play more games
7. Read more books than you did in 2010.
8. Sit in silence for at least 10 minutes each day
9. Sleep for 7 hours.
10. Take a 10-30 minute walk daily. And while you walk, smile.



Square Dance is Back!

Wednesdays, 1:00 p.m.

Cost \$4—First time is free

Join our square dancers for an afternoon of fun. It's time for us all to move more—why not move to the beat.

Wii Bowling Tournament will be Wednesday, 18th at Silver Maples starting at 1:00 p.m. We have a team and look forward to the competition. Please plan to meet us at Silver Maples (or join us each Tuesday for practice).



Arts and Crafts

Craft Group

Tuesdays, 10 a.m.

Free for members / \$1 non-members

Each week, bring your own project or join us as we prepare crafts for special events. On May 10th, join Helen's wonderful greeting card making class.

Paint with Steve Wood

Monday, May 23rd, 9:30 a.m.

Cost \$22 members / \$25 non-members

Make your reservations early by calling us at 475-9242. All materials furnished. This is a fun class!

Stained Glass Class

Wednesdays, 9:30 - 11:30 a.m.

Cost: \$3 members / \$4 non-members (per session)

Interested in learning stained glass? Everyone is welcome in this informative and personalized stained glass workshop with Harry Gibson. Materials are available for sale. For information, please call the center 475-9242.

Knit and Crochet

Thursdays, 12:30 p.m.

Free for members / \$1 non-members

Join this group for informal instruction.

There's time to socialize while working on projects for those in need.



Wood Carving

Fridays, 10 a.m.

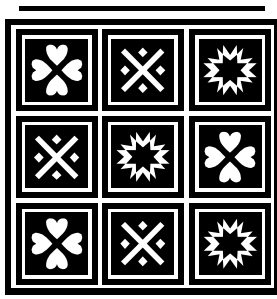
Free for members / \$1 non-members

Each week the wood carvers meet to work on their projects and share new ideas. Those new to wood carving are welcome to join this growing group.

Quilting Club led by Sidney Palmer

Fridays, May 13th and 27th at 11:30 a.m.

Come share your love of quilting with this welcoming group. In May we'll continue to work on the Brown Bag Round Robin as well as the lovely heirloom quilt which is 3rd prize for the Chelsea Senior Center benefit raffle.



For Joyful Givers . . .

Charity Quilting

Tuesdays, 1:00 – 3:30 p.m.

This ambitious group has distributed 34 beautiful quilts to local charities. Join them as they continue to turn scraps into heirlooms. A variety of skills are needed. Stop by and see how you can help.

Mott's Project

In April Karen Layher shared needs for sewn items in the cardiac—thoracic unit at Mott's Children's Hospital. If you'd like to help by sewing at home we have suggested instructions for tag blankets (made with ribbon and fleece), small quilts (we have donated fabric cut and packaged for 2 quilts) and brightly colored pillowcases (for older children).

Please stop by for additional information.

Cell Phone Recycler

Bring in your old cell phones (we don't need the chargers or accessories). We will send them to the National Council on Aging Cellular Recycle Program.

Chelsea Senior Center Wish List :

- ◆ Colored copy paper — ream each color preferred
- ◆ Gift Cards to Meijer for snacks
- ◆ Wrapped snacks
- ◆ Coffee cups, small plates
- ◆ Decaf coffee

Come see us in confidentiality

If finances are keeping you from joining the Center or attending a program, we can help through the generosity of an anonymous donor. If you are interested in receiving a scholarship, please see Trinh. All scholarship information and financial needs are kept strictly confidential.

Everyone is welcome!

At Chelsea Senior Center we want to be a welcoming place for everyone. Please let us know of any special accommodations you may need.



Cards and Games

Party Bridge Players

Thursdays, 12:15 p.m. Registration, 12:30 Games start
Cost \$3.00

Chelsea Area Bridge Club meets Thursday afternoons. All bridge players are invited to play on a drop-in basis. Invite your friends. We have players from Pinckney, Dexter, Ann Arbor, and beyond. Scoring format is Chicago style. Partners not required.

Call for information on Chelsea Bridge Tournament!

Bingo

Mondays and Fridays, 9 a.m.
Members free / \$1 non-members
Everyone is welcome to our Bingo. Drop in Monday or Friday morning for fun and fellowship.

Pinochle

Wednesdays, 1 p.m.
Members free / \$1 non-members
Pinochle players wanted. We'll help if you're a bit rusty. No partners needed.

Scrabble

Wednesdays, 1 p.m.
Members free / \$1 non-members
Enjoy a fun afternoon with one of the most popular board games. New players always welcome. Just drop in.

Hand and Foot

Mondays, 12:30 p.m.
Members free / \$1 non-members
Join us for this fun Canasta style game. No experience needed.

Mah Jongg

Tuesdays, 9:30 a.m.
Members free / \$1 non-members
Mah Jongg is fun, easy to learn, and challenging all at the same time. If you've never played, our dedicated players will assist as you enjoy this exciting tile game.



Cards and Games

Chess

Thursdays, 10 a.m. Free
Challenge our master chess player or come learn the game. Free, join us for a cup of coffee and exercise your brain.



Euchre

Tuesday nights, 6:30 p.m. Cost: \$3.00 (prizes awarded)
Friendly players, no partners necessary. Bring a snack or other dish for all to enjoy.

Bridge Class Instruction on hiatus

Bridge class will resume in late May with a Beginning Bridge class. Please call if you are interested in joining us. 734-475-9242

Wii Fun!

Tuesdays and most Fridays, 1 p.m.
Members free / \$1 non-members
Wii is an interactive video game that is simple and fun. We welcome everyone, no experience necessary. Come experience bowling and other exciting games.

Join Us For Lunch

Taste of Home Café at 12 noon

Call your friends and join us for a wonderful lunch option. You'll discover a balanced meal and great fellowship Monday - Friday at the Taste of Home Café. Thanks to Area Agency on Aging 1B and the Washtenaw County Senior Nutrition Program, diners over 60 pay only \$2.50 (if registered with the Senior Nutrition Program). The public is most welcome, guest cost is \$5 per person. Check out the great menu in this newsletter or online and give us a call. We're looking forward to seeing you!

**Only \$2.50 for 60+ (\$5 for people under 60)
Please call 475-9242 at least 24 hours in advance!**

Clubs and Groups

Join one of these groups for time to socialize and learn something new. All are welcome! Senior Center members attend for free and non-members pay \$1.

Computer Club

Thursdays, 10 - 11:30 a.m.

Join this lively group as they explore new technologies as well as fun and helpful information on the world wide web. This club is great for all computer users - beginners to more advanced. Bring information, comments as well as questions to share with the group in round robin style. Come prepared to learn as well as enjoy socializing with a great group of seniors.



Coin Collecting Club

Third Wednesday of the month, 10 a.m.

Bring American or foreign coins. No experience necessary - come as we learn from each other.

Genealogy Group

Friday, May 13th at 10 a.m.

This is a small group looking to grow. We'll be sharing ways to research your genealogy. You'll also hear great suggestions for recording your family's history.

"All Write" Writing Group

This month Monday, May 2nd & 16th at 1 p.m.

Novice writers are invited to drop in the first or third Monday in room 111 at the Center. Tap into your creative nature. Come prepared to share tips and a sample of your work.

Newsletter Assembly Group

Thursday, May 19th 9:00 a.m.

Join this dedicated (and fun) group as we collate, secure and label each newsletter. You'll enjoy the great conversation as the time flies.

Red Hatters

The Scarlett Ladies

Tuesday, May 17th

Meet at the Center for our trip to Ella Sharp Park in Jackson. We'll enjoy lunch and a tour of the museum. Call Babette at 475-0715 for details.

Services for Members

Support, Questions Answered, Resources The Chelsea Senior Center is the place for answers. We look forward to sharing our file of resources and lists of services for Seniors. Just give us a call, we are happy to help.

Blood Pressure 10 a.m. to noon on Tuesday, May 3rd, and 17th. Do you know your numbers? Thanks Barb and Karin for keeping us healthy.

Massage with Dawne By popular request, you can now enjoy Dawne's massages **twice** a month! Still just a \$1 per minute you can schedule your chair massage on Monday, May 2nd and / or Monday, May 16th, if there is sufficient interest. Dawne will be here from 10 a.m. to 1 p.m., call us to schedule your appointment—475-9242.

Books and Magazines Our lovely library of donated magazines, hardcover and paperback books are available for members to take home and enjoy or to share with Seniors who are shut-ins. Many large print.

Mending and Repairs A service for members: pants hemmed, zippers repaired, simple alterations. A donation to the Senior Center requested.

Foot Care Dates for this great treatment are May 4th and 10th. The half hour session costs just \$34 (tax deductible fee) and includes warm foot bath, therapeutic foot massage, lower leg and foot assessment plus toenail trimming & callus care. Call Ava Passino, RN at (734) 878-7330 to schedule an appointment.

Transportation The W.A.V.E. Bus will bring you to the Senior Center. Call 475-9494 for the best ride in town!

Telephone Reassurance Program We are looking for seniors who might benefit from a cheery phone call on a regular basis. Tell us when and how frequently. Please pass the word about this service.

Movies at the Center

All movies will start promptly at 12:30 p.m. unless otherwise noted. Join us for lunch at noon and stay for a movie... donations always accepted!

"Remembering Elizabeth Taylor"



Friday, May 6th Lassie Come Home—1943

A young Elizabeth Taylor stars in the heartwarming story. After her destitute family is forced to sell her, a collie named Lassie escapes from her new owner and begins the long trek from Scotland to her Yorkshire home. 89 minutes long.

Friday, May 13th National Velvet—1944

The all time favorite stars Liz and Micky Rooney. A jaded former jockey helps a young girl prepare a wild but gifted horse for England's Grand National Sweepstakes. 123 minutes long.

Friday, May 20th Father of the Bride—1950

A father of a young woman deals with the emotional pain of her getting married, and the financial and organizational pain of arranging her wedding. 92 minutes long.

Friday, May 27 The Last Time I Saw Paris—1954

Charles returns to Paris to reminisce about the life he led in Paris after it was liberated. He worked on "Stars and Stripes" when he met Marion and Helen. He would marry and be happy staying in Paris after his discharge and working for a news organization. He would try to write his great novel and that would come between Charlie, his wife and his daughter. 116 minutes

Great Books Discussions With Chelsea District Library

The Adventures of Huckleberry Finn by Mark Twain

Friday, May 6th at 1 p.m.

According to one scholar, "Huck Finn is...the greatest novel written by an American. Its trenchant social analysis through the interaction of the persons in the story is breath-taking in its power to open a whole world, one thankfully now gone, where people viewed reality in an entirely different way than we do now.

Come share your thoughts on this classic.

The Map that Changed the World by

Simon Winchester

Friday, June 3rd at 1 p.m.

Winchester takes his talent for engaging nonfiction to the story of William Smith, whose geologically accurate 1815 map of England and Wales was the first of its kind, and led to the development of the field of geology. The story follows Smith's life through his major discoveries to his time in debtor's prison and to the restoration of his reputation.



Save the Date

Bridge Tournament

Saturday, June 11th all day

Mark your calendars for this annual fun event and spread the word! Bridge tournament applications are being mailed to former participants. Please call 734-475-9242 if your application has not arrived or if you know of someone who may be interested.

Great day of bridge and fellowship to be held at Washington Street Education Center. Join us for continental breakfast, 48 hands of Bridge, lunch, prizes and friendly competition.

One Room Schoolhouse Reunion Picnic

Saturday, June 18th at Bollinger's Pond

Paul and Chris have invited us to return for this annual event. Please bring a dish to pass and cash donation to cover our tent rental. Beverages will be provided.

Please contact the Center for directions and to let us know to plan on you!

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That's how Donna and Johan would describe what they've found since moving to Silver Maples. Impressed from the get-go, they decided to sign up for a VIP stay at the community. "During our stay we visited downtown Chelsea, and saw friends in nearby Ann Arbor. Whether we were coming or going, dining in or enjoying some of the many in-house planned activities, taking walks on tree-lined paths or visiting the superb Wellness Center, our VIP visit convinced us we were ready to relocate to Silver Maples and make it our new home," said Johan. "It's been nearly two years since we left our lovely home and community where we lived happily for 40 years, but we've never looked back!"

Experience Silver Maples

Join our VIP Program and enjoy a Silver Maples Getaway you'll never forget!

- Stay up to 3-nights in our all-inclusive VIP Suite
- Enjoy delicious meals
- Participate in outings, events and activities
- Meet and mingle with residents



Lodging Owned, Non-Profit Facility Sponsored by the Chelsea Area W. Washtenaw Foundation and United Methodist Retirement Communities, Inc.

Chelsea Senior Center has an active, volunteer Board of Directors responsible for the direction of the Center. If you have questions or concerns, they would be glad to speak with you.



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- | | |
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| Rev. Doris Sparks | Bob Wehrmeister |
| Susan Zale | |

Thank you Board of Directors!

Monday	Tuesday	Wednesday	Thursday	Friday
2	3 Election Day	4 Foot Care	5	6 Lunch in 100
9:00 Bingo 10 - 1:00 Massage with Dawne by appointment 10:30 Enhance Fitness 12:30 Hand & Foot 12:30 Out to Lunch at Red Brick in Dexter 1:00 Writing Group	9:00 Swimming * 9:30 Mah Jongg 10 Blood Pressure 10:00 Crafts 11:00 Gardening Series 1:00 Quilting for Charity 1:00 Wii 6:30 Euchre	9:30 Stain Glass Class 10:30 Enhance Fitness 12:30 Board of Directors Retreat * 1:00 Bowling Ch Lanes* 1:00 Pinochle / Scrabble 1:00 Square Dance	9:00 Swimming * 10:00 Computer Club 10:00 Chess 12:15 Bridge 12:30 Knit & Crochet 1:00 Matter of Balance	9:00 Bingo 10:00 Wood Carving 10:30 Enhance Fitness 12:30 Movie—"Lassie Come Home" 1:00 Book Group—Huckleberry Finn
9	10 Foot Care	11	12 Lunch in 100	13
9:00 Bingo 10:30 Enhance Fitness 12:30 Hand & Foot 1:00 Elder Law with attorney John McDermott	9:00 Swimming * 9:30 Mah Jongg 10:00 Crafts— Card Making 11:00 Gardening Series 1:00 Quilting for Charity 1:00 Wii 4:00 Senior Supper Club at CCH* 6:30 Euchre	9:30 Stain Glass Class 10:30 Enhance Fitness 1:00 Bowling Ch Lanes* 1:00 Pinochle / Scrabble 1:00 Square Dance 1:00 Pierce Lake Boardwalk—meet at east lot of Post Office *	9:00 Swimming * 10:00 Computer Club 10:00 Chess 10:00 Ageing to Sageing Preview meeting 12:15 Bridge 12:30 Knit & Crochet 1:00 Matter of Balance 2:00 Path dedication—meet at Silver Maples * 4:30 Ernie Harwell trip	Reservations due for Tiger trip 9:00 Bingo 10:00 Wood Carving 10:00 Genealogy 10:30 Enhance Fitness 11:30 Quilting Club 12:30 Movie—"National Velvet" 1:00 Wii Fun
16	17 Oregon balance due	18	19	20
9:00 Bingo 10 - 1:00 Massage with Dawne by appointment 10:30 Enhance Fitness 12:00 One Room Schoolhouse Reunion Lunch 12:30 Hand & Foot 1:00 Writing Group	9:00 Swimming * 9:30 Mah Jongg 10:00 Blood Pressure 10:00 Crafts 11:00 Gardening Series Red Hatters to Jackson 1:00 Quilting for Charity 1:00 Wii 6:30 Euchre	9:30 Stain Glass Class 10:00 Coin Collecting 10:30 Enhance Fitness 1:00 Bowling Ch Lanes* 1:00 Pinochle / Scrabble 1:00 Square Dance 1:00 Wii Bowling Tournament at Silver Maples*	9:00 Newsletter Assembly 9:00 Swimming * 10:00 Chess 10:00 Computer Club 12:15 Bridge 12:30 Knit & Crochet 1:00 Matter of Balance	9:00 Bingo 10:00 Wood Carving 10:30 Enhance Fitness 12:30 Movie—"Father of the Bride" 1:00 Wii Fun Renfro Valley trip thru 22nd
23	24	25	26	27
9:00 Track walk—WSEC 9:00 Bingo 9:30 Paint with Steve 10:30 Enhance Fitness 12:30 Hand & Foot	9:00 Swimming * 9:30 Mah Jongg 10:00 Crafts 11:00 Gardening Series 1:00 Quilting for Charity 1:00 Wii 6:30 Euchre	9:30 Stain Glass Class 10:30 Enhance Fitness 1:00 Bowling Ch Lanes* 1:00 Pinochle / Scrabble 1:00 Square Dance 1:30 Daniel O'Donnell trip leaves	9:00 Swimming * 10:00 Chess 10:00 Computer Club 12:15 Bridge 12:30 Knit & Crochet 1:00 Matter of Balance	9:00 Bingo 10:00 Wood Carving 10:30 Enhance Fitness 11:30 Quilting Club 12:30 Movie—"The Last Time I Saw Paris" 1:00 Wii Fun
30	31			
Sorry, Chelsea Senior Center Closed for Memorial Day	9:00 Swimming * 9:30 Mah Jongg 10:00 Crafts 11:00 Gardening Series 12:00 Memorial Day & Birthday Lunch 1:00 Quilting for Charity 1:00 Wii 6:30 Euchre	May 2011		

Chelsea Senior Citizens Activities Center • A place for the young at heart!

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Phone: (734) 475-2932 Fax: (734) 475-1885
drjimduncan@hotmail.com

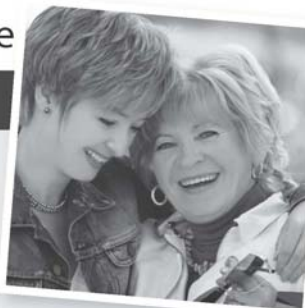
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These are just a few of the perks of living at The Pines Senior Apartments in Chelsea. Relax and leave the hassles to us as you enjoy a peaceful living environment at this community for adults 55 and older.



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To learn more about The Pines contact:
Kristy Collins
734-433-9130 || chelseapines@aol.com
325 Wilkinson Street, Chelsea, MI 48118



THE PINES
SENIOR APARTMENTS
MANAGED BY UNITED METHODIST
RETIREMENT COMMUNITIES



Senior Center Membership

Newsletters are mailed to dues paying members, we don't want to lose you!

Check your mailing label—is there an '11 above your name? If not, it's time to renew your membership for 2011. Print from the website, stop by for an application or call the Center at 734-475-9242. We are always glad to be of assistance.

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Funeral Chapel

Allen C. Cole
Owner/Manager

Donald A. Cole
Funeral Director

214 E. Middle St.
Chelsea, Michigan 48118
Phone: (734) 475-1551

www.colefuneralchapel.com

Come Travel with Us!



Adult travelers of any age are invited to enjoy Chelsea Seniors' escorted trips

Extended Trips



Spring In To Renfro Valley

May 20th—22nd \$356 members /
\$366 non-members (based on double)

Travel to Kentucky and be entertained at the Barn dance Show, Jamboree and the Renfro Valley Sunday Gatherin'. Other attractions: a stop at Wright-Patterson Air Museum, a riverboat dinner cruise, a visit to a 1907 Hardware and Berea's Famous Art Community.



Oregon Coast and Pacific Northwest

July 24th — August 2nd \$250 deposit, balance by 5/17
Cost: \$2849 double (\$3769 single & \$2579 triple)

Air to Seattle. Motor coach to Portland, Columbia River, Newport and other coastal towns. Also Sonoma Valley and San Francisco.

The Survey Says!

Chelsea Seniors Travel is conducting a survey to assist us in planning trips for 2012. Please check our website or stop by the office for a survey. We'll tally results and offer 2012 trips designed to please our audience — you!

Your completed survey also enters your name in a drawing for gift certificates good for our many trips.



More about Extended Trips

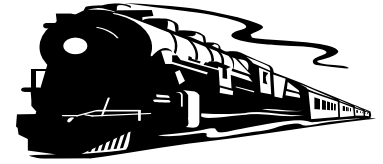
Rails of West Virginia

October 17th—20th

Member Cost: \$799 double
(single \$959; triple \$739)

\$50 deposit to reserve—balance by 9/10/11

Fall colors at their best will be enjoyed on this great trip as you ride the rails to the heart of the Appalachian Mountains on day one. On day two, enjoy a 31 mile rail trip on a replica of a 1922 Doodlebug (a self-propelled railroad car) with lunch on board. In the afternoon we'll enjoy a 10 mile journey on a 1910 steam locomotive. Day three is off to the Appalachian Glass Factory and then the Trans-Allegheny Lunatic Asylum where you'll appreciate both stories of Civil War history and fantastic architecture. The trip climax is dinner and the Allegheny Mountain Music Show. Trip includes a variety of activities without being physically challenging. A perfect getaway that includes lodging and seven meals.



Branson, Missouri

November 14th—18th

Member Cost: \$924 double—\$50 deposit to reserve
Five shows including Shoji Tabuchi, Andy Williams, Brett Family and SIX, the new family sensation.

Highlight will be the Sight and Sound Theater's version of the Christmas Story. We'll be staying at the Hilton Hotel. Seven meals included.



Payment or deposit is due at registration. Only those people who pay when registering for a trip are guaranteed a seat. Price includes gratuities for driver. Refund Policy: Travelers will be responsible for the cost of the trip. If you must cancel, you may find your own replacement or call us to see if we have a wait list. If a cancellation is made prior to the final payment due date, a full refund, less 5% handling fee, will be provided. Please contact us about travel insurance through independent travel companies. Travel policies for trips arranged through vendors will be listed on the trip flyer. Members are encouraged to purchase insurance.

Come Travel with Us!

Adult travelers of any age are invited to enjoy Chelsea Seniors' escorted trips



Day Trips

Ernie Harwell Story

Thursday, May 12th; depart at 4:30 p.m.

Cost: \$68 member / \$73 non-member

Includes dinner at Traffic Jam and Snug

There's not much lead time to reserve your space for this wonderful tribute to that special voice of Tiger baseball. "Ernie", a new play by Mitch Albom, includes actual footage from historic baseball moments. Tiger fans will enjoy early days, Harwell calls, and glimpses behind World Series broadcasts. "Ernie's story transcends sports," Albom says. "It's a story of 20th century Americana and a love affair with baseball and a childhood sweetheart". Something everyone can enjoy. Don't miss out! "Long gone. Never forgotten."

Daniel O'Donnell "Spring Intimate Theater Tour"

Wed., May 25th; depart 1:30 p.m., return 8:30 p.m.

Cost: \$87 member / \$92 non-member (Supper extra)

One of the most successful easy-listening entertainers in Great Britain and Ireland. Join us as we travel to Toledo to see this world class star in his sold out show! Call to add you name...

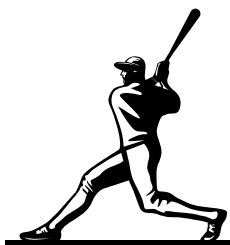
Detroit Tiger Baseball Game

Thursday, June 16th; depart 11 a.m.

Cost: \$59 member / \$64 non-member

Reservations by May 13.

Don't miss this opportunity to see our Detroit Tigers in action. We have great seats in a shaded section. A hot dog and soft drink are included in the price. Cheer our Tigers as they win over the Cleveland Indians.



Day Trips



Shipshewana

Wednesday, June 22nd

Cost: \$49 member / \$54 non-member

Depart at 7:30 a.m. – Return 6:00 p.m.

Time to shop at the flea market as well as stores downtown where you'll find Amish craftsmanship and hospitality. Numerous restaurants to choose from for wonderful homemade food or sit and watch the world at a slower pace as horses and buggies travel the streets. If you wish, enjoy the quilt and vendor show in the afternoon (admission \$8.00).

Lugnuts Friday, July 22nd; depart at 5:30 p.m.

Cost: \$44 member / \$49 non-member

Reservations by June 3rd.

New this year are box seats to enjoy the game. There's also great fun including entertaining relay races and fireworks after dark.

Diamond Jack Cruise "Come Cruise With Us"

Wed, August 10th; depart 10 a.m., return 4:30 p.m.

Cost: \$64 members/\$69 non-members (includes lunch)

Payment due at registration.

We'll lunch at Sinbads on the River and enjoy great food while watching the ships pass. Then we'll board the Diamond Queen for a two hour cruise on the Detroit River. Our Captain will expertly narrate as we tour along the U.S. and Canadian shores. Sit back, relax and partake an afternoon of fun in the sun on this waterway that has played such a big part in Michigan's history.

Tim Conway Show

Wednesday, October 12th; depart 10:45 a.m.

Cost: \$81 member / \$86 non-members

We all remember Tim as Carol Burnett's' sidekick. We'll travel to the Stranahan Theater in Toledo to see Tim and friends for his timeless comedic act. Mark your calendar and be prepared for an afternoon of laughter! \$20 saves your place. Call your friends and get your group in on the fun.

Chelsea Senior Citizens Activities Center
512 Washington Street
Chelsea, MI 48118

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Chelsea, Mich.
Permit No. 21

May 2011

In Memoriam: Betty Dobson

Trinh Pifer, Executive Director

Kay Heller, Administrative Assistant

Chelsea Senior Center -

Our mission is to promote, encourage, and organize activities that address the physical, social, and emotional concerns of Chelsea area senior citizens and their families.

Hours of Operation

Chelsea Senior Center is open Monday thru Friday from 9 a.m. to 3 p.m. We will be closed on Monday, May 30th in observance of Memorial Day.

2011 Travel at a Glance . . .

- ◆ Ernie Harwell Story — May 12
- ◆ Renfro Valley — May 20-22
- ◆ Daniel O'Donnell — May 25
- ◆ Tiger Baseball Game — June 16
- ◆ Shipshewana—June 22
- ◆ Lugnuts Game — July 22
- ◆ Oregon — July 24 thru August 2
- ◆ Diamond Jack River Cruise — August 10
- ◆ Mystery Trip — September
- ◆ Tim Conway Show — October 12
- ◆ Rails of West Virginia — October 17 thru 20
- ◆ Branson, MO — November 14 thru 18

Chelsea Senior Center is supported by numerous donations, City of Chelsea, Chelsea United Way, Chelsea Community Foundation (an affiliate fund of the Community Foundation for Southeast Michigan), Chelsea Kiwanis, Chelsea Lions, Chelsea Pharmacy, Chelsea Retirement Community, Cole Funeral Chapel, Dexter Township, Silver Maples, Staffan Mitchell Funeral Home, Chelsea Area Garden Club, Women's Club of Chelsea, And the Members and Board of the Chelsea Senior Center. The Chelsea Senior Center complies with the terms and regulations of the Title V of the Civil Rights Act of 1964 as amended in Section 504 of the Social Rehabilitation Act of 1973 and is an equal opportunity employer. Reasonable accommodations will be provided upon notification or request.



May 2011

Chelsea Seniors



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>2 Chicken and Dumplings Seasoned Green Beans Fruit and Salad Dessert of the Day</p>	<p>3 Homestyle Stuffed Cabbage Roasted Carrots Fruit and Salad Dessert of the Day</p>	<p>4 Sheperd's Pie Roll Fruit and Salad Dessert of the Day</p>	<p>5 Savory Swedish Meatballs Buttered Egg Noodles Steamed Mixed Vegetables Fruit and Salad Dessert of the Day</p>	<p>6 Pasta with Tuna and Cheddar Steamed Broccoli Dinner Roll and Butter Fruit and Salad Dessert of the Day</p>
<p>9 Roasted Chicken Lasagna California Blend Veggies Warm Garlic Breadstick Fruit and Salad Dessert of the Day</p>	<p>10 Baked Potato Bar with Chili and Toppings Steamed Broccoli Fruit and Salad Dessert of the Day</p>	<p>11 Chicken Parmesan with Penne Pasta Steamed Vegetable Fruit and Salad Dessert of the Day</p>	<p>12 Hearty Beef Stew Buttery Baby Peas Roll Fruit and Salad Dessert of the day</p>	<p>13 Savory Pork Chop Mushroom Gravy Whipped Potatoes Seasoned Green Bbeans Fruit and Salad Dessert of the Day</p>
<p>16 Sour Cream Beef Stroganoff Seasoned Egg Noodles Honey Glazed Carrots Fruit and Salad Dessert of the Day</p>	<p>17 Grilled Ham & Cheese Sandwich Chicken Noodle Soup Italian Pasta Salad Fruit and Salad Dessert of the Day</p>	<p>18 Homemade Salisbury Steak Creamy Mashed Potatoes Steamed Mixed Vegetable Fruit and Salad Dessert of the Day</p>	<p>19 Chicken Alfredo Savory Green Beans Warm Garlic Bread Stick Fruit and Salad Dessert of the Day</p>	<p>20 Beef and Tomato Goulash Steamed veggie Warm Breadstick Fruit and Salad Dessert of the Day</p>
<p>23 Pineapple Glazed Ham Sweet Potatoes Steamed Vegetable Fruit and Salad Dessert of the Day</p>	<p>24 Sandy's Sloppy Joes Bakery Bun Sweet Potato Fries Cauliflower with Cheese Fruit and Salad Dessert of the Day</p>	<p>25 Roast Turkey & Gravy Whipped Potatoes Seasoned Green Beans Chilled Cranberry Sauce Fruit and Salad Dessert of the Day</p>	<p>26 Homebaked Italian Lasagna Broccoli with Parmesan Crunchy Garlic Toast Fruit and Salad Dessert of the Day</p>	<p>27 Crunchy Fish and Chips Tartar Sauce, Lemon Wedges Steamed Mixed Vegetables Fruit and Salad Dessert of the Day</p>
<p>30 No Lunch</p> 	<p>31 <u>BirthDay Celebration</u> Grilled Quarter Pounder Grilled Hot dog Potato Salad Pork and Beans Dessert of the day Fruit and salad</p>			<p>Supported through the Washtenaw County Area Agency on Aging 1B</p>

News
Turkey with cheese on wheat or white bread.
Chef Salad
Please try our new salads
California Cobb
Caesar
Mandarin Chicken
Are also available

For reservations please call 475-9242 at least one day in advance

Thank you

